

PACKING LIST

The temperature varies from high 50's to high 90's depending on the time of year. Usually the mornings are very comfortable (sometimes even cool in the winter) and it get quite warm after lunch through sundown. Jarabacoa has 2 seasons for the most part; HOT (April-Nov) and perfect (Dec- March).

Work clothes (Doulos Campus, Monday- Friday)

3-4 Pair of Pants- jeans or camping pants, or capri/cropped pants, (no shorts)

Please Note: Doulos will provide you with one work shirt that is to be worn everyday while in the community or on Doulos campus.

Shoes- Close- toed shoes, flats, or sandals with backs (no flip flops)

Dinner (Family homes, in public, church)

Something dressy because Dominicans like to dress nice. Women can wear a comfortable skirt, dress, or jeans with an elegant top. Men can wear a collared shirt/polo with jeans or slacks.

Adventure (Hiking, sports)

Athletic clothes if you run, play baseball or basketball with the kids, or swim.

Leisure (Housing/walking around town)

Clothes that you feel comfortable wearing. Sweats, shorts, sandals are okay for relaxing.

Basic Needs

Toiletries

Prescriptions to last the week

Raincoat or umbrella

Water bottle

Bug spray

Sunscreen

Journal and Bible

OPTIONAL

Camera

Ear plugs

Belt

Flashlight

Portable music (we ask that you don't wear earbuds on campus or while working with your team)

Photos of friends & family (great to help engage in conversations locally)

Battery operated alarm clock

Spending money (Cash, Personal Checks, or ATM Card: Make sure to let your bank know you are traveling)