

SLT Mission Trip Packing List



This is a general list of items you should consider bringing on your trip. The temperature varies from high 50's to high 90's depending on the time of year. Usually the mornings are very comfortable (sometimes even cool in the winter) and it can get quite warm after lunch through sundown. Jarabacoa has 2 seasons for the most part; HOT (April-Nov) and perfect (Dec- March).

Bible & journal, pen.

Clothes

- 3 pairs of work pants (old jeans or pants, or capri/cropped pants)
- 2-3 pairs of shorts to be worn at PE
- 1 pair of nice jeans
- 1-2 pair of casual pants, such as khakis, or skirt (for church service or classroom assistant)
- For special dinners and church, please bring something dressy because Dominicans like to dress nice. Women can wear a comfortable skirt, dress, or jeans with an elegant top. Men can wear a collared shirt/polo with jeans or slacks.
- Doulos will provide you with one work shirt that is to be worn everyday while in the community or on Doulos campus.
- Shoes: closed- toed shoes, flats, or sandals with backs (no flip flops)- work shoes (they might get muddy, painted or concrete covered; boots are ideal)
- 2-3 work shirts swimsuit (one piece)
- athletic shoes sleep wear underwear
- socks
- sweatshirt or sweater raincoat

Miscellaneous

Towels
Sunscreen
Bug repellent
Toiletries
Flashlight
Water bottle

Optional

Ear plugs
Belt
Portable music (we ask that you don't wear earbuds on campus or while working with your team)
Photos of friends & family (great to help engage in conversations locally)
Spending money (Cash, Debit/Credit card: Make sure to let your bank know you are traveling.)

Group Leader: First Aid Kit for every ten people (example: 2 kits for a group of 20)

Important notes:

- Ø There are no laundry facilities, so be sure to bring enough clothes for the entire week.
- Ø Please dress modestly, avoiding clothing such as low-cut jeans, short shorts, short skirts, low-cut shirts, leggings, see through clothing, etc.